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WELCOME

Welcome to the September edition of NWC SCN News.

This e-bulletin aims to provide a synthesis of national and regional developments in mental health; highlight newly available data and policies, support collaboration and share best practice.

If you have any comments on this edition, ideas for improvements or suggestions for future editions, please get in touch, details can be found on final page.

PREVENTION CONCORDAT FOR BETTER MENTAL HEALTH

Public Health England (PHE) has led on establishing a Prevention Concordat for Better Mental Health Programme, as set out in the Five Year Forward View for Mental Health recommendation two.

The aim is to galvanise cross-sector action to deliver an increase and escalation in the adoption of effective prevention planning arrangements in all local areas. This is part of a wider drive to secure an increase in the implementation of public mental health approaches across the whole system and the focus is on the prevention of mental health problems and the promotion of good mental health.

To support this area of work a suite of resources has been developed and can be viewed [HERE](#)

Stepping Forward to 2020/21: Mental Health Workforce Plan for England

The long-awaited mental health workforce strategy stepping forward to 2020/21: Mental Health Workforce Plan for England.

The strategy promises 21,000 new posts including more psychiatrists and mental health nurses. In particular the strategy focusses on creation of posts across the following:

- 2,000 additional nurse, consultant and therapist posts in child and adolescent mental health services;
- 2,900 additional therapists and other allied health professionals in adult talking therapies;
- 4,800 additional posts for nurses and therapists working in crisis care settings, with 4,600 of these being nursing positions; and
- Perinatal mental health support, liaison and diversion teams and early intervention teams working with people at risk of psychosis should also see significant increases.

Full details can be found [HERE](#)

LANCASHIRE AND SOUTH CUMBRIA SUICIDE PREVENTION LOGIC MODEL ACTION PLAN CONSULTATION EVENT

Lancashire and South Cumbria launched their Suicide Prevention Logic Model Plan during a consultation event on 13th September 2017.

The Suicide Prevention Logic Model was presented to key stakeholders across the local authority for consultation and feedback.

Event delegates including consultants, nurse specialists, police, ambulance, transition leads, lived experience representatives, national rail employees and commissioners heard from a wide range of speakers through the course of the day.



Annie Murray from Public Health England presented and led discussions around the national picture for Suicide.

Additional highlights included a very emotive and inspirational presentation from Tony Harrison about the impact of suicides on families. Tony discussed his own experience and highlighted how stigma regarding suicides can destroy families.

The afternoon session involved a world café to discuss the plan is delivered within each organisation, some key topics were Leadership, Prevention, Intervention, Postvention and Intelligence.

EAST RIDING MENTAL HEALTH STRATEGY CONSULTATION

NHS East Riding of Yorkshire Clinical Commissioning Group (CCG) and East Riding of Yorkshire Council are asking patients and carers to give their views on gaps and priorities for mental health service in the region to inform a joint a joint mental health strategy for the East Riding of Yorkshire. Patients and carers are asked to come forward and give their views on what the gaps and priorities are for mental health services in the region. These views will then be used to influence the development of the strategy. To find out how to get involved please click [HERE](#)

National Institute for Health Research (NIHR) Signals

The latest series of summaries of recently published research by the NIHR contain information on: [Talking therapy](#) given by parents shows promise for childhood anxiety disorders. The summary intends to provide decision makers in health and social care organisations with evidence they can use to improve patient care.

End of Life Care for People who have a Learning Disability

NHS England has published [Delivering high quality end of life care for people who have a learning disability](#). This document provides resources for commissioners, providers and social care staff providing or delivering care to people with a learning disability at the end of their lives.

Dates for the diary:

Events:

- **SafeTALK Course**, which aims to teach participants four basic steps to recognise if someone is having thoughts of suicide and how to connect them with resources that can help. Available on various dates throughout 2017.

For further information, and to check course availability, email: wdu@york.gov.uk or visit the website [here](#).

- Thursday 5 October 2017, 10:00-15:00, **Health Education England Public Mental Health Workshop**, Location to be confirmed. To book your place emails [Tara Bush](#).
- Tuesday 10 October 2017, **World Mental Health Day**. This year's theme, set by the World Federation for Mental Health, is mental health in the workplace.

NATIONAL MENTAL HEALTH INTELLIGENCE NETWORK PROFILING TOOLS

The National Mental Health Intelligence Network (NMHIN) has been conducting further developments on their suite of mental health profiling tools. Click on the links below to access the updates:

- [Children's and Young People's Mental Health and Wellbeing](#)
- [Common Mental Health Disorders](#)
- [Crisis Care](#)
- [Severe Mental Illness](#)

Additionally, a new publication has also been developed:

- [What Works Centre for Wellbeing](#)

The new publication presents a 'currently available' and 'ideal' indicator set to help assess wellbeing. Users can consider data such as; job quality, anxiety levels, social isolation, green space and how physically active people are, and use it to gain insight about their communities.

And a new toolkit has been released:

- [Mental Health and Wellbeing JSNA Toolkit.](#)

The toolkit has been developed for those seeking to understand the breadth and complexity of mental health issues in their area, such as JSNA and mental health leads in local authorities and clinical commissioning groups. It helps people to consider factors that affect mental health and wellbeing and to identify some of the key data, information and knowledge that local areas may use to build a picture of need.

Making Sense of Antidepressants

Mind UK has published a patient information booklet [Making Sense of Antidepressants](#). This booklet explains what antidepressants are, how they work, possible side effects and information about withdrawal.

NICE CONSULTATIONS AND SHARED LEARNING

Dates for the diary:

- Monday 30 October 2017, 10:00-16:00, **Using Quality Improvement Approaches to Improve Care Pathways in Mental Health**, De Vere West One Conference Centre, London. To book your place click [here](#). NB: There is a cost to attend this event.
- Thursday 9 November 2017, 09:00-16:30, **Progressing your Mental Health STP from Plan to Action**. Birmingham City Football Club, Birmingham. To book your place click [here](#). NB: There is a cost to attend this event.
- Friday 10 November 2017, 09:00-16:30, **Improving Mental Health Care for Offenders**, Birmingham City Football Club, Birmingham. To book your place click [here](#). NB: There is a cost to attend this event.
- Thursday 23 and Friday 24 November 2017, 09:00-16:00, **Liaison Psychiatry Trainees, New Consultants, Nurses and Allied Health Professionals' Conference**, Wellcome Genome Campus, Hinxton, Cambridgeshire. To book your place email [Marc Mandell](mailto:Marc.Mandell@nhs.uk). NB: There is a cost to attend this event.

NICE is currently consulting on:

- [Behaviour Change: General Approaches: Surveillance Consultation](#). The consultation closes for comment on 11 September 2017.
- [Depression in Adults: Recognition and Management](#). The consultation closes for comment on 12 September 2017.

NICE has also released the following shared learning, which is a development of a medication clinic focused on adherence to the NICE NG11 guideline:

- [Adhering to the NICE guidance for initiating and reviewing antipsychotic medications in people with a learning disability for the prevention and intervention of challenging behaviours](#)

Additionally NICE have updated Clinical Guidance CG192:

- [Antenatal and Postnatal Mental Health: Clinical Management and Service Guidance](#)

MENTAL HEALTH STATISTICS

The following statistics have recently been released please click on the links to review further:

- [Learning Disabilities Health Check Scheme - England](#): Quarter 4, 2016-17 Provisional Quarterly
- [Learning Disability Services Monthly Statistics Commissioner Census \(assuring transformation\)](#): July 2017, Provisional Statistics
- [Mental Health Community Teams Activity](#): Quarter Ending June 2017
- [Mental Health Services Monthly Statistics – Final May, Provisional](#): June 2017
- [Out of Area Placements in Mental Health Services](#): June 2017
- [Psychological Therapies: Reports on the use of IAPT Services, England](#): May 2017 Final, June 2017 Provisional and Quarter 4 2016-17

Dates for the diary:

- Tuesday 12 December 2017, 10:00-16:00, **PWP Clinical Skills National Networking Forum**, Birmingham City Football Ground, Birmingham. To book your place click [here](#). NB: There is a cost to attend this event.
- Wednesday 13 December 2017, 10:00-13:00, **Personal Health Budgets Essentials**, Hilton Leeds City, Leeds. To book your place click [here](#).

Contacts

If you would like to discuss any of the items included in this e-bulletin or would like further information about the Mental Health Network please contact:

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