

Hello Healthwatch members

We're happy to bring you our September 2019 newsletter.

Read on to see what's happening locally and how you can get involved with the work that Healthwatch St Helens is doing.

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### **Are you aware of what your Pharmacist can do for you?**

Come along to find out!

Our coffee afternoon is on Thursday 24<sup>th</sup> October 2019 at 2pm-4pm in the Beacon Building, College Street. We will have informative chats with professionals and you can have your say and get your questions answered. Light refreshments available.

To book a place ring us on 0300 111 0007 or email: [info@healthwatchsthelens.co.uk](mailto:info@healthwatchsthelens.co.uk)

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### **St Helens Clinical Commissioning Group 'St Helens - Dream to Reality'**

See what St Helens CCG have been up to over the past 12 months.

<https://www.sthelensccg.nhs.uk/about-us/public-information/st-helens-dream-to-reality/>

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### **Gentle Reminder**

Healthwatch St Helens is looking for people with an interest in making services better. Would you like to join our Enter & View team and visit care homes within the borough? Your role will be to look around the premises, chat to residents and staff and offer a layperson's view of how the service appears to be running.

We'll give you training and full support.

For more information and to get hold of an application form you can telephone us on: 0300 111 0007 or email: [jroberts@healthwatchsthelens.co.uk](mailto:jroberts@healthwatchsthelens.co.uk)

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Don't forget that you can call us on 0300 111 0007 to tell us anything about health & social care in St Helens, compliments or concerns, in confidence - we need your views and experiences!

Follow us on Twitter @HWStHelens or log on to our website, [www.healthwatchsthelens.co.uk](http://www.healthwatchsthelens.co.uk), for more information.

## Patient Engagement Event

Monday 7<sup>th</sup> October 2019 at 2pm - 4pm - All Welcome!

Seminar Room 3, Education and Training Centre, Nightingale House, Whiston Hospital

Tea & Coffee on arrival

- Find out about new initiatives in the Trust
- Give your views on planned service developments
- Share your thoughts about the Trust website
- Tell them your thoughts



St Helens and Knowsley  
Teaching Hospitals  
NHS Trust

For further details, please contact: Samantha Whelan, Patient Experience Manager by calling 0151 290 4136 or email: [Samantha.whelan@sthk.nhs.uk](mailto:Samantha.whelan@sthk.nhs.uk)

## Over The Rainbow

Making the Rainbow Together #OTR

Are you aged 13-25 and identify as LGBT\*?

Why not join a social support group?

They meet 1<sup>st</sup> Wednesday of each month.

For more information contact [Shealth.Improvement@sthk.nhs.uk](mailto:Shealth.Improvement@sthk.nhs.uk) or call 01744 457243 or ask for Emma.



St Helens and Knowsley  
Teaching Hospitals  
NHS Trust

## Pride in You

Aged 18+

A social support group for LGBTQ+ every Thursday evening, 5pm until 6pm

For more information find them on:  Sthelenslbtnetwork



## Out and about in your communities

Don't forget that our team members, Janet and Gail would like to come out to any groups you're involved with, to find out what people think of the health and social care services they use.

Telephone us on 0300 111 0007 or email us at: [info@healthwatchsthelens.co.uk](mailto:info@healthwatchsthelens.co.uk) to talk to us about it.

If you still receive our newsletters by post but would like to receive information in future by email please get in touch at: 0300 111 0007 or go to:

<https://www.haltonsthelensvca.org.uk/healthwatch-st-helens-newsletter-sign>