

Hello Healthwatch members

We're happy to bring you our January 2020 newsletter and hope you're keeping warm in this cold snap of weather.

Read on to see what's happening locally and how you can get involved with the work that Healthwatch St Helens is doing.

“Who can help me?”
#WhoCanHelpMe

healthwatch
St Helens
NHS
St Helens
Clinical Commissioning Group

Healthwatch St Helens is holding a series of listening events under the heading of:
“Who can help me?”

Our next event will focus on:
The Urgent Treatment Centre

Thursday 27th February 2020, 1pm - 3pm
The Beacon Building, College Street,
St Helens, WA10 1TF

Find out about:

- ✓ What's new?
- ✓ What's on offer?
- ✓ When you should go there for treatment

Cakes and biscuits will be provided so please let us know if you have any special requirements.

To book your place please contact us
on: 0300 111 0007 or email:
info@healthwatchsthelens.co.uk

Follow us on Twitter: @HWStHelens #WhoCanHelpMe

Don't forget that you can call us on 0300 111 0007 to tell us anything about health & social care in St Helens, compliments or concerns, in confidence - we need your views and experiences!

Follow us on Twitter @HWStHelens or log on to our website, www.healthwatchsthelens.co.uk, for more information.

Come along to our listening event and find out what you can expect from the St Helens Urgent Treatment Centre.

This is your opportunity to find out what's new and what treatment you can get there. You can ask questions and share your views.

Call us on 0300 111 0007 or email us at: info@healthwatchsthelens.co.uk to book your place and tell us if you have any special requirements.

LIVING WITH AND BEYOND CANCER

WE ARE
MACMILLAN.
CANCER SUPPORT

Venue: Education and Training, Nightingale House, Whiston Hospital, L35 5DR

Time: 10.00am – 1.30pm (no need to book, just drop in)

Dates: 27/01/20

06/04/20

20/07/20

05/10/20

The event is to highlight what support is available for anyone living with and beyond cancer, their carers, relatives, friends and health professionals.

This is a unique opportunity to ask our professionals anything you need to know about cancer care and life after treatment, including ‘self-management’ survivorship courses. The event will host a variety of teams including Clinical Nurse Specialists, Macmillan Professionals, Cancer Support Groups, Work and Benefit Specialists, Dietician, Carer Support and Counselling.

**For further information please telephone Julie Parr:
Macmillan Cancer Information & Support Manager on
01744 647 000**

**Pause.
Recover.**



Information session about Pause. Recover.

Free and no referral needed

- Come and find out how to live a life in recovery from addiction
- Behaviour based training and support, led by peers for peers
- Come for a hot drink, chat and meet others like yourself

Friday 24th January 11-12 & 1-2pm
at Momo's Café, 64-68 Westfield St,
St Helens WA10 1QJ

**Pause.
Recover.**

Ann O'Brien

Senior Meeting Leader

Mobile: 07305 446198

Email: ann.o@pauserecover.org

Web: www.pauserecover.org

 ACT Peer Recovery Widnes
And Halton

 2019-20
Halton & St Helens
Voluntary and Community Action
Affiliated Member

 COMMUNITY
FUND

www.pauserecover.org

Children's Centre Consultation Sessions

As part of the continuous journey of improvement within Children's Services and in light of additional financial investment into Children's Centres and Early Help provision there is a plan to complete a process of consultation with children and families and key stakeholders. The purpose of the consultation is to:

- Ensure families most in need are receiving the right kind of support at the earliest opportunity.
- Ensure services are tailored to meet local needs.
- Ensure best use is made of buildings and staff time.
- Consider regulatory de-registration of each of the centres.

It is intended that a series of workshops will take place at each of the centres. In addition to the consultation sessions there is an opportunity to give written feedback in the form of a questionnaire.

For the consultation to have maximum impact, it is vital to have engagement from a wide range of children, families and key stakeholders in order to inform the success of future service delivery. The consultation sessions will provide you with an opportunity to hear more about proposed plans, to have your say on the current offer and to shape the plans going forward in terms of the model of future service delivery.

You can complete the questionnaire online at: <https://www.sthelens.gov.uk/social-care-health/children-and-families/childrens-centres-in-st-helens/st-helens-childrens-centre-services-consultation>

Date	Time	Focus Group Consultation session for	Venue
Monday 20 th January 2020	9.30am - 11.30am	Service users, parents, local community	Haydock Children's Centre, Legh Road, Haydock, WA11 0ER
Monday 20 th January 2020	1.00pm - 3.00pm	Service users, parents, local community	Moss Bank Children's Centre, St Helens, WA11 7PQ
Monday 27 th January 2020	3.00pm - 5.00pm	Stakeholders/professionals	Central Link Children's Centre, Westfield Street, WA10 1QF
Tuesday 28 th January 2020	3.00pm - 5.00pm	Stakeholders/professionals	Parr Children's Centre, St Helens, WA9 2AP

Out and about in your communities

Don't forget that our team members, Janet and Gail would like to come out to any groups you're involved with, to find out what people think of the health and social care services they use.

Telephone us on 0300 111 0007 or email us at: info@healthwatchsthelens.co.uk to talk to us about it.

If you still receive our newsletters by post but would like to receive information in future by email please get in touch at: 0300 111 0007 or go to:

<https://www.haltonsthelensvca.org.uk/healthwatch-st-helens-newsletter-sign>